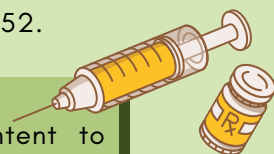


PALLIATIVE TERMINAL INJECTIONS POLICY: SUPPLY AND MANAGEMENT

The newly approved policy for **supplying injectable medications to terminal palliative patients** in JKTM Meeting 2/2025, effective October 2025 ensures the safe and regulated provision of symptom control drugs in compliance with the Dangerous Drugs Act 1952.

PURPOSE

Administration of medications with the intent to relieve patient distress using sedative doses of anxiolytics or opioids for terminal care at home.



ANTICIPATORY MEDICATIONS & THEIR INDICATION

MEDICATION	ROUTE	INDICATION
Morphine	SC	Pain
Fentanyl	SC	Pain (Alternative to morphine)
Midazolam	SC	Anxiety, restlessness
Buscopan	SC	Bowel colic, excessive secretion
Haloperidol	SC	Hallucination, nausea/vomiting

GENERAL PRINCIPLES

- HCTM Palliative Team identifies patient suitable for terminal discharge with crisis medications.
- Supply duration: 3 to maximum 7 days only, during weekday operating hour only
- New prescription required for repeat supply after reassessment by Palliative Care Specialists or Hospis Malaysia.
- Drugs will be dispensed to Palliative Care Nurse by Outpatient pharmacists and subsequently supplied to patients in ready-to-use syringe.

Polisi Pembekalan Ubat Suntikan untuk Pesakit Paliatif di Fasa Terminal is accessible via Pharmacy HCTM Website



DISPENSING WORKFLOW

1 Documentation

Palliative Specialist to issue **Crisis Medication Release Letter**.

To provide two (2) copies:

- For Patient.
- For Jabatan Farmasi (DDA compliance under Dangerous Drugs Act 1952).

Palliative Specialists to indent medications via Pharmacy System.



2 Receiving Medications

Palliative nurse obtain the injections from Discharge: **Ward floor stock**

Outpatients: **Main Outpatient Pharmacy**

Max supply for injection: 7 days



3 Preparing Medications

Palliative nurse to prepare ready-to-use syringes with correct amount and doses.

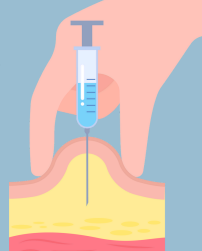
Provide necessary equipment:

SC needle, SC port & elastomeric pump (if needed)

4 Caregiver Education

Palliative nurse to educate patient's caregiver on

- (a) Administration technique
- (b) Proper storage & handling
- (c) Proper disposal



5 Return of Unused Medications

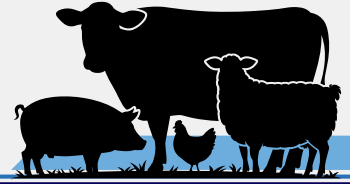
Return unused medications to **Main Outpatient Pharmacy** for proper disposal together with **administration chart** and **counselling form**.

6 Follow-up

Palliative Team to follow-up with the patient for reassessment.



MEDICINES OF ANIMAL ORIGIN: A REFERENCE GUIDE



The publication of **Medicines With Animal Origins Booklet** serves a reference guideline to help doctors and pharmacists to support patients who wish to avoid animal-derived products in their medication due to religious, cultural, or ethical reasons. This enables patients to make informed decisions about their treatment and care.

Why this matters?

Group	Concern example
Islam	Prohibition of porcine products
Hinduism	Avoidance of bovine products
Vegans	Avoidance of animal products
Allergies	Reactions to eggs, shellfish, dairy

While Islam encourages halal pharmaceuticals, note that religions such as Judaism, Hinduism, and Islam may permit medicines derived from pigs or beef in life-saving situations or if no suitable alternative exists. Many common excipients are derived from animals, which can trigger allergic reactions in sensitive patients.



Medicines With Animal Origins Booklet

The booklet is assessable via Pharmacy HCTM website at <https://hctm.ukm.my/farmasi/penerbitan/>

6.2 Appendix B – Injections

No	Generic Name & strength	Current Brand Available	Animal Source	Comment
1.	Adalimumab 40mg Pre-Filled Pen	Hymmoz [®] , Novartis Pharmaceutical Manufacturing GmbH		Produced in Chinese Hamster Ovary (CHO) cells ⁶
2.	Antivenin Cobra 10ml Inj.	Malayan Pit Viper Antivenin (Purified), Queen Saovabha		Main ingredient: purified equine immunoglobulin (horse) ⁷
3.	Beractant Intratracheal Susp.	Survanta [®] , AbbVie		Contains bovine lung extract ⁸
4.	Bevacizumab 100mg/4ml Inj.	Avastin [®] , F. Hoffman		Produced in CHO cells ⁹

6.4 Appendix D – Tablets

No	Generic Name & strength	Brand Name	Animal Source	Comment
1.	Amlartidine Sulfate 100mg Tab.	Pk-Merz [®] , Merz Pharma GmbH & Co. KGAA		Source of gelatin: Bovine ¹⁰
2.	Amorphous Aescan 20 mg Tab.	Reparil, Madays GmbH		Contains white beeswax ¹⁰
3.	Ampicillin Sodium & Subactam Sodium 375mg Tab.	Unasyn [®] , Pfizer Malaysia		Excipient: Lactose hydrate (bovine milk) and magnesium stearate (tallow oil) ¹¹
4.	Asenapine 5mg Sublingual Tab.	Saphris [®] , Organon Malaysia		Excipient: freeze dried matrix of gelatin (bovine hide) ¹²
5.	Asenapine 10mg Sublingual Tab.	Saphris [®] , Organon Malaysia		Excipient: freeze dried matrix of gelatin (bovine hide) ¹³

6.3 Appendix C – Capsules

No	Generic Name & strength	Brand Name, Manufacturer	Animal Source	Comment
1.	Acetretin 10mg Cap.	Neotigason [®] , Actavis		Source of capsule: Bovine ¹⁴
2.	Acetretin 25mg Cap.	Neotigason [®] , Actavis		Source of capsule: Bovine ¹⁵
3.	Alfacalcidol 0.25µg Cap.	Medi-Alpha 0.25 [®] , Mega Lifesciences		Source of capsule: Bovine ¹⁶
4.	Alfacalcidol 1µg Cap.	Medi-Alpha 1 [®] , Mega Lifesciences		Source of capsule: Bovine ¹⁶
5.	Alverine 60mg, Simethicone 300mg Cap.	MeteoSpasmyl [®] , Laboratoires Mayoly Spindler		Source of capsule: Bovine ¹⁷
6.	Amoxicillin 250mg Cap.	Betamox, Duopharma		Source of capsule: Bovine ¹²

6.5 Appendix E – Others

No	Generic Name & strength	Brand Name	Animal Source	Comment
1.	Amino Acid, Glu & Fat Emulsion With Fish Oil 625ml Bag	Nutriflex [®] Omega Special, B. Braun		Excipient: contain egg lecithin ¹⁸
2.	Glucose, Lipid Emulsion and Amino Acid Solution 1500ml	PERIOLIMEL NAE, Baxter		Excipient: contain egg lecithin ¹⁹
3.	SmofKabiven Central (Amino Acid, Glu & Fat Emulsion Plus Soya Bean Oil, Mct, Olive Oil & Fish Oil) 980ml	SmofKabiven [®] Central, Fresenius Kabi		Main ingredient: contain fish oil in its lipid emulsion ²⁰ Excipient: contain egg lecithin ²¹
4.	SmofKabiven Electrolyte Free Central (Amino Acids, Glu & Fat Emulsion Plus Soya Bean Oil, Mct, Olive & Fish Oil) 980ml	SmofKabiven [®] EF Central, Fresenius Kabi		Main ingredient: contain fish oil in its lipid emulsion ²² Excipient: contain egg lecithin ²³



In line with **MSQH Standard** to support safe & effective service delivery, mutual agreement on the treatment plan involving medicines containing animal traces should be achieved. **Consent form** must be signed in front of the healthcare provider and kept in the patient's file for documentation.

Patient consent form

PHARMACY DEPARTMENT
CONSENT FORM FOR TREATMENT USING MEDICINE WITH ANIMAL ORIGIN

PATIENT NAME: _____ DEPARTMENT/WARD/UNIT: _____
MRN NO: _____ GENDER: _____
AGE: _____

SECTION B: PATIENT'S CONSENT STATEMENT

I HAVE BEEN INFORMED BY THE DOCTOR AND UNDERSTAND THE USE OF THE MEDICATION AND TREATMENT THAT WILL BE GIVEN TO ME AS FOLLOWS:

1. The medication used for the treatment is derived from the animal origin as mentioned. Yes ☐ No ☐

2. The medication is an alternative to my treatment. Yes ☐ No ☐

3. I take full responsibility for all risks throughout the use of this medication and the treatment to be carried out. Yes ☐ No ☐

4. I have been given the opportunity to ask about the use of this medication in this treatment. Yes ☐ No ☐

SECTION C: TREATMENT INFORMATION

NAME OF MEDICATION: _____ ORIGIN OF ANIMAL: _____

RISK/SIDE EFFECT OF TAKING THE MEDICATION: _____

RISK OF NOT TAKING THE MEDICATION: _____

JABATAN FARMASI
BORANG KEIZINAN UNTUK MENJALAN RAKATAN MENGGUNAKAN UBAT YANG MENGANDUNGI UNSUR HAYWAN

BAHAGIAN A: MAKLUMAT PESAKIT

NAMA PESAKIT: _____ NO. KAD PENGENALAN: _____ JABATAN/WARD/UNIT: _____
NO. MRN: _____ JANTINA: _____
UMUR: _____

BAHAGIAN B: PENYATAAN KEIZINAN DARI PESAKIT

SAYA TELAH DIERTAHU DOKTOR DAN SAYA FAKSI TENTANG PENGGUNAAN UBAT DAN RAKATAN YANG AKAN DIBERIKAN KEPADA SAYA SEPERTI BERIKUT:

1. Ubat digunakan untuk merawat saya beres dan sesuai dengan yang ditetapkan. Ya ☐ Tidak ☐

2. Ubat ini merupakan alternatif kepada rawatan saya. Ya ☐ Tidak ☐

3. Saya bertanggungjawab sepenuhnya terhadap segala risiko sepanjang penggunaan ubat ini dan rawatan yang akan diberikan. Ya ☐ Tidak ☐

4. Saya akan diberi peluang untuk bertanya tentang penggunaan ubat tersebut dalam rawatan ini. Ya ☐ Tidak ☐

BAHAGIAN C: MAKLUMAT RAKATAN

NAMA UBAT: _____ UNJUR HAYWAN: _____

RISIKO/KESEKATAN SAMPUNGAN UBAT: _____

References:

1. Faith & Food A Guide to Religious Dietary Requirements, Queensland Faith Communities Council (QFCC). 2011.
2. Chouraqui J, Turek D, Briand A, Darmaun D, Bocquet A, Feillet F Et al. Religious dietary rules and their potential nutritional and health consequences. International Journal of Epidemiology. 2020;50(1):12-26.
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