



RESULTS FROM DRUGS AND THERAPEUTICS COMMITTEE MEETING (JKTU 1/2020)



Indication : Palliative treatment of hormone-dependent advanced prostate cancer.
Dose : Subcutaneous 22.5mg 3 monthly
Storage : 2-8 Celsius
Policy : A*: Urologists only. 20 patients per year.



POLICY REVIEW 1/2020

ESOMEPRAZOLE 3 MONTHS

Esomeprazole (generic) supply **MAX up to 3 months**. May switch to omeprazole /pantoprazole for PRN use. Refer to Gastroenterologists if need long term use.

Rational: To review long term PPI use as it may increase risk of hypocalcemia, hypomagnesemia, Clostridium difficile infections, and pneumonia.

US Pharmacist July 2017. Proton Pump Inhibitors: Considerations With Long-Term Use



ZOLPIDEM 3 MONTHS

Zolpidem supply **MAX up to 3 months** for all clinis, and **MAX 1 year** for psychiatrists. If need long term, to refer to Psychiatrists.

Rational : Zolpidem is indicated for short-term treatment and symptomatic relief of insomnia. Use for > 4 weeks requires re-evaluation as chronic use is associated with adverse events .

[https://www.fda.gov/\(FDA adds Boxed Warning for risk of serious injuries caused by prescription insomnia medicines\)](https://www.fda.gov/(FDA%20adds%20Boxed%20Warning%20for%20risk%20of%20serious%20injuries%20caused%20by%20prescription%20insomnia%20medicines))



ALBUMIN 5% & 25%:JKTU ITEM

Currently only Albumin 25% is a JKTU item . In the new policy, **Albumin 5%** requests will also need to be reviewed by Specialists (ie signed on **JKTU form**)

Rational: To ensure appropriate use. (5% for therapeutic plasmapheresis or conditions associated with volume deficit alone)



PARECOXIB INJECTION : OT USE ONLY

HCTM approved indication : For post operative pain in the **immediate post-op setting** (cardiovascular risks increase with dose and duration)
Duration of Use: **2 DAYS ONLY**; maximum dose of 80mg per day.

Rational: In year 2019, Usage has exceeded annual budget capping.



NEW INDICATION : THIAMINE

Current policy : alcohol withdrawal symptoms.

Add on- A* : ICU use only : **life threatening septic shock with lactic acidosis - 200mg BD for up to 5 days**



ADD ON USER : BRINTELIX

Current policy : Flat rate RM 50 for Psychiatrists. Dose capped to 20mg for flat rate price.
Add on-A*: Primer Clinic Specialists - 5 patients per year.



ADD-ON QUOTA : ENTRESTO

Current policy : Special Formulary RM 50 per prescription. 30 patients per year.

New policy : NFS category RM100 per month . 45 patients per year. Purchase from Farmasi NF.



Drugs that has exceeded maximum yearly capping (100%)

New patients will have to buy ; free supply only for existing patients

No	Drug Name	Prescribers	Yearly Capping	Expenditure (RM)
1	Sevelamer Carbonate 800mg TAB (REVELA)	Nephrologists	RM200,000	252,636.00 (126%)
2	Ivabradine 5mg & 7.5mg Tab (CORALAN)	Cardiologists	RM50,000	129,165.60 (258%)
3	Baclofen 50mg Tab (LIORESAL)	A/APPL	RM50,000	86,573.12 (173%)
4	Moxonidine 0.2mg & 0.4mg Tab (PHYSIOTENS)	Nephrologists, Cardiologists, Endocrinologists, Neurologists and Neuro Surgeon	RM80,000	78,220.50 (98%)
5	Clostridium Botulinum Toxin Type A 100iu & 500iu (BOTOX) Clostridium Botulinum Toxin Type A 300 iu & 500iu (DYSPOREX)	ENT Surgeons, Orthopedic, Neurologist, Pediatricians & Dermatologists	RM156,000	150,588 (97%)



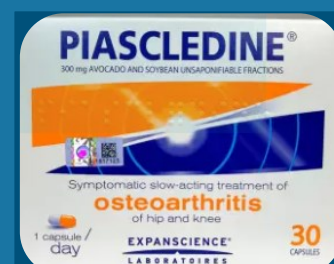
LEGALON (SILYMARIN)

Taken out from Formulary and Farmasi NF.

Drugs that has reached 75% of yearly capping

New patients will have to buy ; free supply only for existing patients

No	Drug Name	Prescribers	Yearly Capping	Expenditure (RM) [Jan – June]
1	Sitagliptin 100mg Tab (JANUVIA) Sitagliptin + Metformin HCL Tab (JANUMET 50/500mg, 50/850mg & 50/1000mg) Linagliptin 5mg tab (TRAJENTA) Linagliptin + Metformin HCL Tab (TRAJENTA DUO 2.5/500mg, 2.5/850mg & 2.5/1000mg) Dapagliflozin 10mg tablet (FORXIGA) Empagliflozin 25mg tablet (JARDIANCE)	Endocrinologists	RM500,000	RM371,104.00 (77%)
2	Levodopa + Carbidopa + Entacapone (STALEVO 50/12.5/200, 100/25/200, 150/37.5/200, 200/50/200 &) ; Entacapone 200mg Tab (COMTAN)	Neurologists	RM250,000	RM220,683.00 (88%)
3	Mycophenolate Mofetil 250mg & 500mg Cap (MYCOFIT & CELLCEPT)	Nephrologist, Hematologist, Ophthalmologist s, Consultant Neurologist, Rheumatologists	RM500,000 for non-transplant	RM366,966.51 (73% for non transplant)



PIASCLEDINE (SOY BEAN/AVOCADO)

6 months supply only for staffs, as per JPA Circular on Glucosamine.



INTRA-ARTICULAR INJECTIONS (HYALURONIC ACID)

All medical devices taken out from Farmasi NF

TAKEN OUT FROM FORMULARY

Use alternatives in Formulary :

- 3) Clopidogrel 75mg + Aspirin 100mg Tab (Co-Plavix)
- 4) Vildagliptin 50mg + Metformin 1000mg (GalvusMet)
- 5) Saxagliptin 2.5mg + Metformin 1000mg (Kombiglyze XR)

1. Pioglitazone 15mg & 30mg (Actos) -slow moving
2. Prasugrel 10mg Tab (Effient) -Discontinued in Malaysia



PPUKM Formulary App is now available on:



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